



*Partnering
with*



Dear Community Member,

Lake Health is happy to announce a partnership with Healthy Life Screening, a company that shares our mission of local access, healing with compassion and superior quality, to offer you an opportunity to participate in preventive, and potentially lifesaving, heart and vascular screenings at the new Lake Health Wellness Institute.

Today's biggest and most feared killer, cardiovascular disease, often goes undiscovered until it is too late. In fact, heart disease kills more men and women in the U.S. each year than the second through fifth killers combined, including all cancers.

Perhaps most frightening, despite major advances in the treatment of coronary heart disease and stroke, a large number of individuals who were apparently "healthy" died suddenly without prior symptoms. Do not let yourself become a statistic:

- Over 50% of stroke and heart attack victims experience no warning signs
- An estimated 10 to 12 million Americans are unaware of blockages in their leg arteries
- One of every 2.6 deaths in America is because of heart disease
- Nearly 50% of all heart attacks occur in people under age 65
- Heart disease is present in 40% of people ages 45 to 54

The cardiovascular tests shown below are highly effective in identifying the risk of death from cardiovascular disease. These tests are ultrasound-based, involving no radiation, no pain, no needles, and they can be done in less than 30 minutes.

The Full Prevention Package includes the following:

- Echocardiogram of the heart to screen for left ventricle dysfunction (the strength of the heart)
- Carotid Artery Ultrasound/Intima-Media Thickness to screen for plaque build-up and blood flow
- Abdominal Aorta Ultrasound to screen for an aneurysm
- Ankle Brachial Index to screen for peripheral arterial disease (PAD)
- Blood Pressure Screening

At only **\$185**, these tests can be a wise investment in the quality of your life.

WHEN: Friday, February 19, 2010: 7:30 am – 4:30 pm
 Saturday, February 20, 2010: 8:30 am – 4:30 pm

WHERE: Lake Health Wellness Institute
 TriPoint Medical Center Physician Pavilion
 7580 Auburn Road, Suite 201
 Concord Township, Ohio 44077

Sincerely,

Sharon Minjares, MS, RD, LD
Director, Lake Health Wellness Institute

**APPOINTMENTS REQUIRED!
SPACE IS LIMITED!**
**For more information and to
schedule an appointment, please
call 1-866-523-LIFE (5433)**